

# February 2025

**KACS | Lunch Served: Monday - Friday, 11:30am – 12:00pm**  
 1000 S Bascom Ave, San Jose, CA 95128, (408) 421-6646

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Pork Stir Fry</b> Folded Egg Seasoned Seaweed White Rice & Brown Rice with Bean	<b>Beef Stir Fry</b> Stewed Bean Seasoned Radish White Rice & Brown Rice with Bean	 <b>Chicken &amp; Vegetable Stew</b> Fish Cake Stir Fry Seasoned broccoli with Tofu White Rice & Brown Rice with Beans	<b>Bibimbap</b> Egg Fry Carrot, Spinach, Cucumber, Gobi & mushroom White Rice & Brown Rice with Bean	<b>Grilled Salmon</b> Seasoned Tofu Seasoned White Radish White Rice & Brown Rice with Bean
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Beef Stir Fry</b> Stewed Bean Seasoned Radish White Rice & Brown Rice with Bean	 <b>Chicken &amp; Vegetable Stew</b> Fish Cake Stir Fry Seasoned broccoli with Tofu White Rice & Brown Rice with Beans	<b>Bibimbap</b> Egg Fry Carrot, Spinach, Cucumber, Gobi & mushroom White Rice & Brown Rice with Bean	<b>Grilled Mackerel</b> Seasoned Tofu Seasoned White Radish White Rice & Brown Rice with Bean	<b>Pork Stir Fry</b> Folded Egg Seasoned Seaweed White Rice & Brown Rice with Bean
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>President's Day</b>	<b>Bibimbap</b> Egg Fry Carrot, Spinach, Cucumber, Gobi & mushroom White Rice & Brown Rice with Bean	<b>Grilled Salmon</b> Seasoned Tofu Seasoned White Radish White Rice & Brown Rice with Bean	<b>Pork Stir Fry</b> Folded Egg Seasoned Seaweed White Rice & Brown Rice with Bean	<b>Beef Stir Fry</b> Stewed Bean Seasoned Radish White Rice & Brown Rice with Bean
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Bibimbap</b> Egg Fry Carrot, Spinach, Cucumber, Gobi & mushroom White Rice & Brown Rice with Bean	<b>Grilled Mackerel</b> Seasoned Tofu Seasoned White Radish White Rice & Brown Rice with Bean	<b>Pork Stir Fry</b> Folded Egg Seasoned Seaweed White Rice & Brown Rice with Bean	<b>Beef Stir Fry</b> Stewed Bean Seasoned Radish White Rice & Brown Rice with Bean	 <b>Chicken &amp; Vegetable Stew</b> Fish Cake Stir Fry Seasoned broccoli with Tofu White Rice & Brown Rice with Beans

\*Menu subject to change.

For alternate entrée, please order in advance.

Reservations may be required. Contact the site managers for availability.

Each meal has ~750 to 900 mg of sodium.

Suggested contributions for participants age 60+ is \$3 per meal.

**All meals include fruit and milk**



VEGETARIAN



HIGH SALT  
 (more than 1,000 mg of sodium)